



## 525 Pathfinder Squadron

595 Keith Road  
West Vancouver, BC  
[www.525pathfinder.com](http://www.525pathfinder.com)

Activity: **Snowshoeing + Winter Survival Day Ex**

Who: ALL CADETS

When: Feb 2<sup>nd</sup>, 0730-1545

Where: Meet at 103 LHQ 1513 Forbes, Ave, North Vancouver

Dress: Appropriate Winter Hiking Attire

OIC: Capt Khan, Z

### **Kit List**

Notes: Please do not overpack, as cadets will be required to hike with all items brought. Also cadets are encouraged to dress in layers to facilitate physical activities through out the day.

- Winter Hiking Clothing (depending on weather)
  - Long underwear
  - Shirt
  - Waterproof or Gortex top and bottom
  - Extra socks
  - Insulated or fleece jacket (if required)
- Waterproof boots
- Watch
- Head dress (toque, hat, etc.)
- Gloves
- Day Bag
  - Water
  - Snacks (if required)
  - Notepad / Pen
  - Small Knife (no larger than 4 inches)
  - Duct Tape and or twine/string
  - Matches (waterproof preferred)
  - Sunglasses and Sunscreen
  - Small metal pot (to boil water on a flame and melt snow)

As this is an out-door activity cadets are discouraged to bring electronics. If required, please seal in a zip-lock bag. Lunch will be provided. If the cadet required medication please have him check in with the undersigned at the start of the activity.

Please direct further questions to CI WU, K or to [contact@525air.com](mailto:contact@525air.com)