



Joining Instructions

Multi Squadron Spring Field Training Exercise

29 – 31 March 2019

INTRODUCTION

1. All cadets from 525 and 103 will be conducting a Field Training Exercise from March 29-31 in the Columbia Valley Training Area A.
2. The Air Cadet program has an emphasis on leadership, survival and physical fitness. This training weekend will be used to give cadets that are level 3 and up a more in-depth and advanced opportunity to learn about first aid, search and rescue, land navigation and field movements.
3. To accomplish this a field training exercise is to be organized for the Level 3 and above cadets. This exercise is scenarios based so cadets will be moving and learning through experience and not a official classroom setting.

DRESS INSTRUCTIONS

4. Cadets are authorized to wear appropriate civilian camping and or hiking attire (no offensive logo's, halter tops, tank tops, or jeans.) Cadets can if they wish wear surplus "combat clothing". Adult staff members are authorized to wear their issued Canadian Forces "Cadpat" clothing. Issued "Cadpat" will not be mixed with civilian camping and hiking attire.
5. Attached kit lists for the course cadets and staff cadets should be used as a reference on what to pack. Cadets are reminded to not over pack and to carry their kit all in one bag that can be easily carried for a long distance.
6. All participants are responsible for brining adequate personal kit for the forecasted conditions and for the entirety of the activity. Be advised that they squadron will not be held responsible for lost or stolen personal items. Members are cautioned to have their items clearly identified and to restrain for brining valuables or electronics.

TRANSPORTAION

7. All cadets will meet at their squadron LHQ's and be transported to the FTX in the Columbia Valley Training Area A via pre-arrange bus transport. See your own squadrons permission forms for meeting locations and times for your bust departure. Cadets are required to submit to a kit check prior to boarding and present their permission forms to be allowed on the field training exercise.
8. For all adult staff attending the FTX not traveling in the advance party vehicles and or the pre-arranged bus, for example their own PMV **shall inform the OIC via email by 18 March 2019** for travel authority to be requested and arranged.

ACCOMMODATION

9. All Course cadets will be housed in portable half shelters and receive instruction on their set up and tear down through the multiple movement during the exercise.
10. Staff Cadets not assigned to directly supervise cadets for example instructors and up may use extra two-man shelters, but they are also authorized to bring their own small personal tent for use during the exercise. Section leaders and or platoon commanders shall bed down in two-man half shelters with their appropriate platoons.
11. Adult staff are authorized to bring their own small personal tent for use during the exercise. The officer biv location will be pre-assigned by the OIC and be separated from the course and staff cadets.

MEALS

12. Course Cadets and Staff Cadets will be provided meals ready to eat for the duration of the exercise. As a reminder **no dinner will be provided on the Friday evening.**
13. Advance party cadets are requested to bring funds allowing for lunch to be purchased on Firday Afternoon and Sunday afternoon while in transit for their assigned duties.
14. Adult staff are authorized to bring their own food plan if they wish for the exercise. Meal preparation and consumption will not be observed by the course cadets and not impede scheduled training.

MEDICAL

15. All cadets participating will provide their squadron staff with a permission form outlining any allergic reaction, specific medical requirements (prescription medication) and provincial medical coverage.
16. Minor first aid will be delivered by qualified Adult staff on site, proper forms and record keeping will be completed for all first aid given.
17. Major first aid will be delivered by the local hospital, parents will be notified, and an adult staff member will transport the cadet in question to the hospital. Again, proper record keeping will be completed.

CONTACT INFORMATION

18. OPI – Captain Zakir Khan (525 CO) – khan.ibn.zakir@gmail.com or 778-877-9226

Annex A
Permission Forms



525 Pathfinder



103 Thunderbird

October 2018

Multi Squadron Spring Field Training Exercise

A multi squadron exercise is to be held on the weekend of March 29th to the 31st. The field training exercise is aimed at giving cadets advanced survival training and promote leadership in a non-regular setting.

Cadets to arrive at 1600hrs on March 29th

Cadets to meet at _____ *(insert squadron address or meeting location)*

Cadets to be picked up at 1400hrs on March 31st

Cadets are to be picked up at _____ *(insert pick up location)*

Cadets are reminded to look over the kit list for their selected course they are to attend and ensure they have enough personal kit for the weather and duration of the exercise.

Detach here – Please fill out the following

I, _____ give my son/daughter, _____ from ...

525 / 103 *(circle one)* permission to attend the Spring Exercise.

My son / daughter will be attending the exercise as member of the

Course Cadet / Staff *(circle one)*

BC Care Card Number _____

Cell/Home Number _____

Emergency Contact:

Name: _____

Number: _____

Allergies or Dietary Requirements medications required: _____

Annex B: Course Cadet Kit List

Item Required	Amount	Packed (Y/N)
Rain Gear – Rain Jacket and Rain Pants	1 each	
Coat	1	
Sweater (fleece)	1	
Shirts	3	
Pants (NO JEANS)	2	
Underwear	4	
Socks	4	
Boots (WATERPROOF)	1	
Watch	1	
Gloves/ Mitts	1	
Whistle	1	
Notepad and pen	1 each	
Sleeping bag (MANDATORY)	1	
Air Mattress (MANDATORY)	1	
Canteen (MANDATORY)	1	
Tarp-minimum size 8' x 10' (MANDATORY)		
Hat and Toque (MANDATORY)	1	

Personal Toiletries	1 set	
Flashlight (With spare batteries) red light preferred	1	
Knife (no longer than 6 inches)	1	
Day pack	1	
Small first aid kit	1	
Rucksack or Hiking Pack (NO DUFFLE BAG, NO SUITCASE)	1	

Annex B: Staff List

Item Required	Amount	Packed (Y/N)
Base Plate Compass	1	
Signal Mirror	1	
Candle	1	
Emergency High-energy Food	1	
Extra Boot Laces	1	
Extra Two-day supply of medicine (if required)	1	
Fire Starter waterproof matches, butane lighter, etc	1	
Personal First Aid Kit	1	
First Aid Kit (Shareable)	1	
Flashlight with spare batteries	1	
Folding Saw	1	
Knives and or Multi tool (blade not over 6")	1	
Map	1	
Metal, Waterproof carrying case that can double as a cooking pot	1	
Nylon rope	1	
Small can of lighter Fluid	1	
Snare wire or twine	1	

Thermal foil blanket	1	
Tissues	1	
Water	1	
Water Purification tablets	2L	
Whistle	1	
Binoculars or spotting scope	1	
Biodegradable Trail Markers	1	
Pencil and Paper Pad	1	
Small Foldable entrenching tool	1	