(Cadet Activity Program)

What is CAP?



Information Brochure - LOWER MAINLAND

2023

CAP is designed for first- and second-year cadets to participate in local, fun, and interactive community-based activities alongside other sea, army, and air cadets.

Activities will vary based on available community resources and include:

- ✓ Fitness Activities
- ✓ Drill & Leadership
- ✓ Community Tours
- ✓ Marksmanship
- ✓ Canadian Armed Forces Engagement Opportunities

What is the difference between CAP1 and CAP2?

<u>CAP1</u>: 5 days of activities with focus on general cadet knowledge and partake in activities within the local community.

<u>CAP2</u>: 9 days of training activities with an overnight outdoor field training exercise (FTX) portion consisting of 4 days (3 nights). There will be opportunities to achieve cadet qualifications, including marksmanship and fitness.

Can year 3 cadets apply for CAP2 if they are not selected for a Cadet Training Centre (CTC)?

No, Year 3+ cadets are limited to CTC only. Some exceptions may apply for accelerated cadets.



Deadline for applications is April 15, 2023

How do cadets apply?

FORTRESS!! Serials are open in Fortress and the lists of serial numbers are provided in site-specific handouts. Talk to your local unit officer to register.

Available Locations

Vancouver

• CAP1: 3-7 Jul 23

• CAP2: 16-24 Aug 23

Richmond

• CAP1: 3-7 Jul 23

• CAP2: 16-24 Aug 23

Surrev

• CAP1: 3-7 Jul 23

• CAP2: 16-24 Aug 23

Tri-Cities

• CAP1: 3-7 Jul 23

• CAP2: 16-24 Aug 23

Abbotsford

• CAP1: 3-7 Jul 23

• CAP2: 14-22 Aug 23

Can a cadet apply to a non-local CAP site?

No, cadets can only apply to the sites that available to them on FORTRESS. Some limited exceptions may apply to cadets in outlying areas.

Will transportation be provided?

For non-overnight locations, cadets are expected be dropped-off and picked-up by parents or guardians daily.

Regional Cadet Support Unit (Pacific)